

COMMUNITY HEALTH SCIENCES DEPARTMENT  
**UCLA FIELDING SCHOOL OF PUBLIC HEALTH**

**SUMMER SESSIONS, 2018**  
**COURSE OFFERINGS**

**Session A, June 25-Aug. 3, AND**  
**Session C, Aug. 6-Sept. 14**  
**CHS 48: Nutrition & Food Studies:**  
**Principles & Practice (5 units)**

Instructors: Janet Leader, [jleader@ph.ucla.edu](mailto:jleader@ph.ucla.edu)  
Natalie Muth, [ndmuth@gmail.com](mailto:ndmuth@gmail.com)

Online course

Examines and applies basic science concepts of nutrition to student lives and real-world issues through lectures, diet analysis, activities, reports, discussion of video and reading assignments, and reviews of community programs that apply nutrition and behavior theory to improve public health. Describes components of diets and food sources and their roles in maintaining body health. Explores social, cultural, behavioral, and environmental causes of chronic disease.

- Appropriate for those with an interest in Public Health.
- Approved as GE course for Foundations of Scientific Inquiry: Life Science without lab.
- Meets Food Studies Minor requirements.



Enroll through the UCLA  
Summer Sessions website,  
<http://www.summer.ucla.edu>

For further information,  
contact the

**Community Health Sciences**  
Department Office:  
(310) 825-5308,  
[gkrauss@ph.ucla.edu](mailto:gkrauss@ph.ucla.edu).

You may email the instructors  
after June 1, 2018.

**Session A, June 25-Aug. 3**  
**CHS 100: Community Health**  
**Sciences (4 units)**

Instructor: (TBA)  
T & R 9:00-12:00, room 51-279 CHS

Introduction to concepts, research, and public health practice in community health sciences. Planning of interventions to improve public health. Defining and measuring health and illness and health disparities. Theories of health-related behavior change, health promotion strategies and methods, and public policy.

- Appropriate for those with an interest in Public Health.